

# THEORY of CHANGE

## SWORD Health

### What are the problems we are trying to solve?

Patients today are overly dependent on physiotherapists during their physical rehabilitation

The access to physical rehabilitation through physiotherapy is an expensive resource for most of chronic-patients

### What are the wider benefits we work to achieve?

### What is our purpose / long term change?

### What do we invest into the project?

### What are we doing to bring about change?

### What will change in the short term?

Inputs	Activities	Outputs	Outcomes	Impact
<p>Sword Phoenix: a digital therapist toolkit</p> <p>Tablets and devices</p> <p>R&amp;D for software and hardware</p> <p>High qualified professionals</p>	<p>Comprehensive approach to motivate and support patients to do physiotherapy at home</p> <p>Increasing intensity of rehabilitation programs, allowing patients to rehabilitate whenever they want</p> <p>Stakeholder relationship-based business model (Health providers-patients)</p> <p>A counselor-basis relationship establishment between patients and physiotherapists</p> <p>Technical assistance (post-sale)</p> <p>Production of tutorial for patients and counselors</p>	<p>Patients motivated and disciplined while using Sword Phoenix at home</p> <p>Patients improving their treatment and reaching better results in their rehabilitation process</p> <p>Allowing patients to have a more intense rehabilitation</p> <p>Sword Phoenix's accessibility and affordability for patients</p> <p>Requalification of the physiotherapist's role as a counselor and "manager" of the treatment prescription.</p>	<p>Increased levels of self-confidence and treatment adherence amongst the patients</p> <p>Confidence in the therapeutic process</p> <p>Faster and more effective physical and mental recovery</p> <p>Better involvement of the patient and the family along the treatment</p> <p>Reduced costs associated with patient's treatment: price of interventions, transportation, family dedication.</p>	<p>Overall patients 'wellbeing using Sword Phoenix when compared to 1-1 conventional physiotherapy</p> <p>Improved relationship between: patients-physiotherapists-doctors towards patient and counselors satisfaction as well as and service development.</p> <p>More patients included into the physiotherapy-rehabilitation systems</p> <p><b>Stakeholders</b>            Patients            Families            Public and private partners            health systems            Therapists</p>
<b>Beneficiaries</b>				
<p>Patients</p> <p>Families</p> <p>Therapists</p>				